

Caledonian Games Run/Walk

Saturday, July 11, 2009

Runs: 5K, 1 mile

Walks: 5K, 1 mile

Event management by *Eastern Oregon Sports Training LLC*

Proceeds help to support the Athena Lightning youth track program

WHERE Athena City Park, Athena OR

WHEN Saturday, July 11, 2009

Check-in and late registration

6:00 AM - 7:15 AM

All races start

7:30 AM

COST

5K - pre-registration is \$20.00 with t-shirt, \$12.00 without t-shirt

1 mile - pre-registration is \$16.00 with t-shirt, \$8.00 without t-shirt

Pre-registration forms that are mailed must be received before July 4.

Register also on-line at www.active.com, on-line registration also ends on July 4.

Late registration is available on race day. Add \$5.00 late fee.

CLASSES

Male/Female age groups: under 13, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & up

AWARDS

5K, 1 mile runs: Trophies to overall winners and top Masters, medals to top finishers in each age group, ribbons for 2nd-5th in each age group.

5K, 1 mile walks: ribbons to top 3 finishers in each age group

COURSES

5K - start and finish at Athena City Park, loop around town with a short out & back included.

1 Mile - start and finish at Athena City Park, follow 5K until 1/2 mile turnaround.



For more information, call Eric Jensen at 541-566-0305, or online at www.eosportstraining.com

Refreshments and Awards after the events

Be sure to stay for all of the activities of the Caledonian Games. For more information, check out the website at www.athenacaledoniangames.org

Name: _____ Age: _____ DOB: _____ M _____ F _____

Address: _____ City _____ State _____ Zip _____

Phone # _____ Email _____

Caledonian Games

Run: 1 Mile 5K T-shirt: S M L XL XXL None

Walk: 1 Mile 5K

Make checks payable to:

Cost: 5K \$12.00 _____

1 mile \$8.00 _____

T-shirt \$8.00 _____

Late \$5.00 _____

Fee Enclosed \$ _____

Eastern Oregon Sports Training LLC

534 N 2nd Street

Athena, OR 97813

Release: In signing this release for myself (or for the named entrant if entrant is under 18 years), I understand the intent of this release and agree to absolve and hold harmless all sponsors, their officers and members, and any other parties connected with this event in any way from and against any blame or liability for any injury, misadventure, harm, loss, inconvenience, or damage suffered as a result of participation in the Caledonian Games fun run or any activity associated there with.

Signed: _____

Signature of Participant

Parent if under 18: _____

Signature of Parent/Guardian