

# East Oregonian River Run/Walk

Saturday, June 27, 2009

Runs: 15K, 5K, 1 mile

Walks: 5K, 1 mile

Sponsored by the *East Oregonian*

Event management by *Eastern Oregon Sports Training LLC*

*Proceeds help to support the Pendleton High School Cross Country Program*



WHERE Stillman Park, Pendleton OR  
WHEN Saturday, June 27, 2009  
Check-in and late registration 6:30 AM - 7:45 AM  
All races start 8:00 AM  
COST 5K & 15K - pre-registration is \$20.00 with t-shirt, \$12.00 without t-shirt  
1 mile - pre-registration is \$16.00 with t-shirt, \$8.00 without t-shirt  
Pre-registration forms that are mailed must be received before June 20.  
Register also on-line at [www.active.com](http://www.active.com), on-line registration also ends on June 20.  
Late registration is available on race day. Add \$5.00 late fee.  
CLASSES Male/Female age groups: under 13, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & up  
AWARDS 15K, 5K, 1 mile runs: Trophies to overall winners and top Masters, medals to top finishers in each age group, ribbons for 2nd-5th in each age group.  
5K, 1 mile walks: ribbons to top 3 finishers in each age group  
COURSES 15K - Run west along the levy, then run up Hwy 37 to Snyder Road, then return on Lee St Grade. 5K & 1 Mile - fairly flat course along the river levy area

For more information, call Eric Jensen at 541-566-0305, or online at [www.eosportstraining.com](http://www.eosportstraining.com)

## Refreshments and Awards after the events

Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

EO River Run

Run: 1 Mile 5K 15K T-shirt: S M L XL XXL None

Walk: 1 Mile 5K

Make checks payable to:

Cost: 5K,15K \$12.00 \_\_\_\_\_  
1 mile \$8.00 \_\_\_\_\_  
T-shirt \$8.00 \_\_\_\_\_  
Late \$5.00 \_\_\_\_\_  
Fee Enclosed \$ \_\_\_\_\_

Eastern Oregon Sports Training LLC  
534 N 2nd Street  
Athena, OR 97813

Release: In signing this release for myself (or for the named entrant if entrant is under 18 years), I understand the intent of this release and agree to absolve and hold harmless all sponsors, their officers and members, and any other parties connected with this event in any way from and against any blame or liability for any injury, misadventure, harm, loss, inconvenience, or damage suffered as a result of participation in the East Oregonian River Run or any activity associated there with.

Signed: \_\_\_\_\_

Signature of Participant

Parent if under 18: \_\_\_\_\_

Signature of Parent/Guardian