

# 27th Annual Lostine River Run/Walk

Saturday, July 4, 2009



Runs: 10K, 5K, 1 mile Walks: 5K, 1 mile



Sponsored by the *Rotary Club of Wallowa County*  
Event management by *Eastern Oregon Sports Training LLC*

WHERE Providence Academy (Old Lostine School), Lostine OR  
WHEN Saturday, July 4, 2009  
Check-in and late registration 7:00 AM - 8:00 AM  
Buses leave for the start of 5K and 10K 8:15 AM  
All races start 9:00 AM  
COST 5K & 10K - pre-registration is \$20.00 with t-shirt, \$12.00 without t-shirt  
1 mile - pre-registration is \$16.00 with t-shirt, \$8.00 without t-shirt  
Pre-registration forms that are mailed must be received before June 27.  
Register also on-line at [www.active.com](http://www.active.com), on-line registration also ends on June 27.  
Late registration is available on race day. Add \$5.00 late fee.  
**Rotary proceeds benefit the Memorial Scholarship Funds.**  
CLASSES Male/Female age groups: under 13, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & up  
AWARDS 10K, 5K, 1 mile runs: Plaques to overall winners and top Masters, medals to top finishers in each age group, ribbons for 2nd-5th in each age group.  
5K, 1 mile walks: ribbons to top 3 finishers in each age group  
COURSES 10K - First two miles rolling hills, then four miles level and downhill; 5K - Flat course (one small hill); 1 mile - Flat course in and around the city of Lostine

For more information, call Eric Jensen at 541-566-0305, or online at [www.eosportstraining.com](http://www.eosportstraining.com)

## Refreshments, Awards, and Drawings after the events

Name: \_\_\_\_\_ Age: \_\_\_\_\_ M \_\_\_ F \_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

Run: 1 Mile 5K 10K T-shirt: S M L XL XXL None Lostine

Walk: 1 Mile 5K

Make checks payable to:

Cost: 5K,10K \$12.00 \_\_\_\_\_  
1 mile \$8.00 \_\_\_\_\_  
T-shirt \$8.00 \_\_\_\_\_  
Late \$5.00 \_\_\_\_\_  
Fee Enclosed \$ \_\_\_\_\_

Eastern Oregon Sports Training LLC  
534 N 2nd Street  
Athena, OR 97813

Release: In signing this release for myself (or for the named entrant if entrant is under 18 years), I understand the intent of this release and agree to absolve and hold harmless all sponsors, their officers and members, and any other parties connected with this event in any way from and against any blame or liability for any injury, misadventure, harm, loss, inconvenience, or damage suffered as a result of participation in the Lostine River Run or any activity associated there with.

Signed: \_\_\_\_\_  
Signature of Participant

Parent if under 18: \_\_\_\_\_  
Signature of Parent/Guardian